



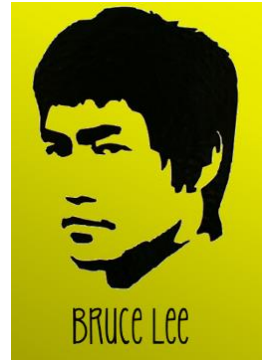
Dear Ladies and Gentlemen

Skills requires practice. Whether it's solving math problems, playing the piano, bowling (in relation with cricket) or cooking jam - to become proficient in something requires repeated practice to do it consistently and proficiently even under pressure. Referring to martial arts, Bruce Lee said that he is not afraid of a person who has practiced 1000 skills, but of the person who has practiced 1 skill 1000 times.

Bruce Lee's would tremble when he hears of Jo-Dolphin, because here we learn and practice our skills for at least 1000 times - although it may not be Kung Fu.

The staff focuses - with the input of the occupational therapists and educational team - on each learner being able to function as independently as possible: Social, motor and memory skills are practiced and practiced and practiced for capturing within a routine.

The following feedback, from Mrs Sasman, was sent to the Center Manager in February 2021 (slightly abbreviated):



My son Angelo has been attending Jo-Dolphin since January 2020. He was only four years old when he started there and physically was not doing much for himself, although he has no physical disability. Being at Jo-Dolphin has made him more independent and sociable. He was almost non-verbal when he started there and now says a few words clearly and manages to physically show or lead one to the clues of his needs. The carers and staff at Jo-Dolphin have my utmost respect because they truly love the children in their care and care about their well-being and progress.

Angelo is always glad to be dropped off at the centre. I feel it is a safe, clean and happy environment for any child and I am always at ease when he is at the centre because I trust that the staff will care for my child as well as (or even better) than I do.

I also wish to mention that although I am the parent, I feel comfortable asking the staff and carers advise about Angelo's progress, difficulties and milestones. They always offer an understanding ear and some advice.



The older learners acquire knowledge of useful skills such as washing dishes and drying them off; shoe cleaning; washing, hanging and folding; care of plants in the garden and crafts for learners who have the capacity for it.

On the left, Analo Qokwana practices to scoop rice and on the right, Nomveliso Vonqo mixes and kneads dough for *vetkoeke*.

When skills are used and tested for a meaningful purpose, it causes great joy for both the staff and the learners. The instruction is carefully modified to help these learners reach their potential in functional areas such as independent living. They learn these skills most effectively in the settings or activities in which they will be asked to apply these skills.



On April 22, our neighbours were invited to come and enjoy a delightful cup of tea/coffee at Jo-Dolphin at the center. On this occasion, snacks were prepared by the learners and served to the guests. Hours of practice prepared the learners to act confidently and stay focused on their tasks. This function also served as a practical exercise for the coffee shop, which will soon be operational.



Staff and management are also required to improve their knowledge and skills: The staff are all certified first aiders. In the new term, staff will again go for basic first aid training so they can be equipped for possible emergencies where our learners might get hurt or need help.

Western Cape Association for Persons with Disabilities (WCAPD) offers training in which management members will join in 5 weeks. The goal of this training is the accountable management and operation of non-profit organizations.

Feedback on the goals for the year set by management:

1. The center has received fitness certificates from West Coast District Municipality for the care of 100 learners and as a food premises. These certificates are the result of a long process of inspections to meet safety requirements, including the installation of a fire alarm system which opens doors automatically and fire drills with the learners. The management gratefully acknowledges the dedication with which Mrs Estrellita Geldenhuys, worked to eliminate all problems systematically. We also are proud of the amazingly fast time in which the center is evacuated during fire drills - the record is a meagre 1 minute 18 seconds.
2. Support services to four satellite towns: This specific process is still in progress. Further information will be given on our next newsletter.
3. Website:
Lehandri Hancke designed a beautiful website!
You can go and take a look at <https://www.jodolphinswartlandapd.org>
4. Fundraising:
No fundraising project was held during April.
A project for May will be announced on the website and the WhatsApp groups.



Condolences:

Mrs Estrellita Geldenhuys' mother passed away on March 24 after her health deteriorated. We pray and trust that the Lord will bless and comfort her and her family.

Best Regards,

Handwritten signature of Hanlie van Wyk.

(Mev.) Hanlie van Wyk
On behalf of JDSAPD board